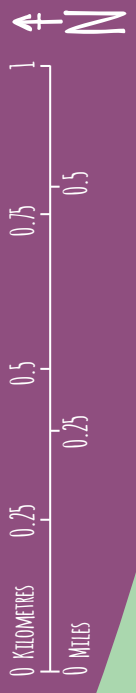
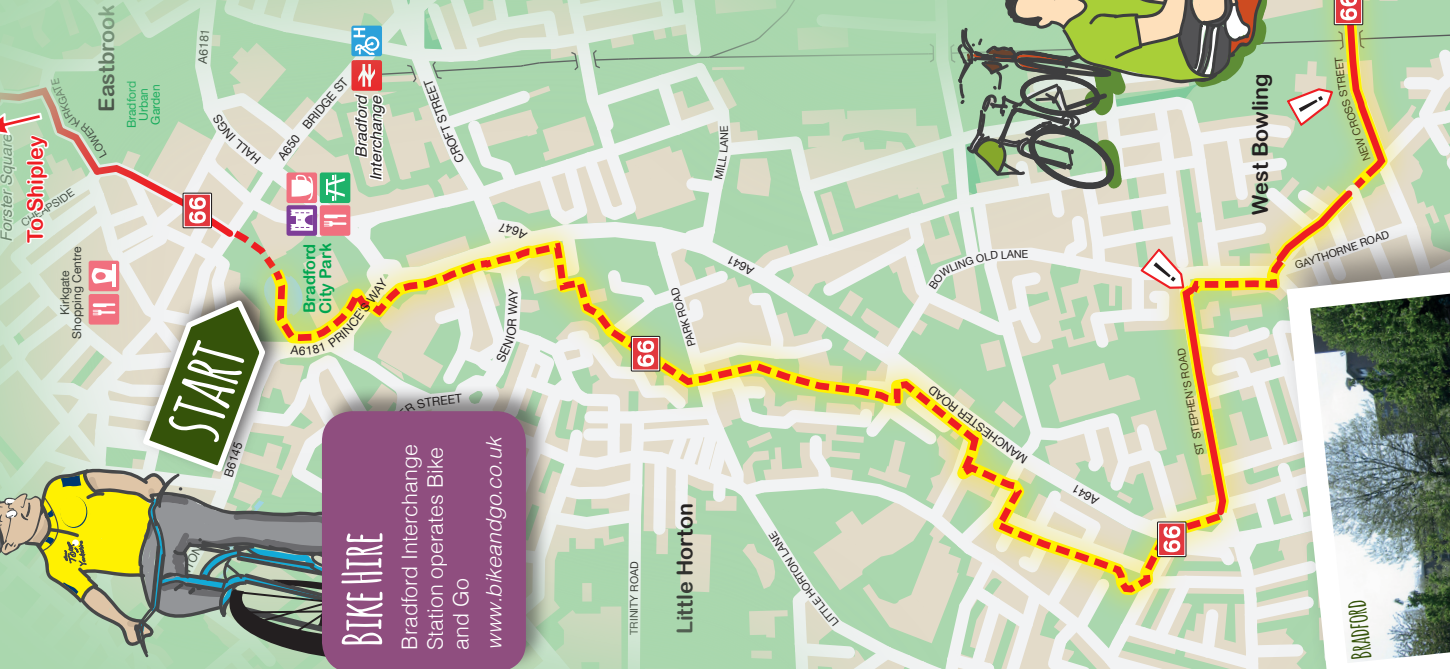


STAGE 10: BRADFORD CITY PARK TO BOWLING PARK



BIKE HIRE
Bradford Interchange Station operates Bike and Go
www.bikeandgo.co.uk



ENJOY THE SLOW TOUR ON THE NATIONAL CYCLE NETWORK!

The **Slow Tour** is a guide to 21 of the best cycle routes in Yorkshire. It's been inspired by the Tour de France Grand Départ in Yorkshire in 2014 and funded by Public Health Teams in the region. All routes form part of the National Cycle Network - more than 14,000 miles of traffic-free paths, quiet lanes and on-road walking and cycling routes across the UK.

This route is part of National Route 66, so just follow the signs.

KEY

- Slow Tour route
- On-road / Traffic-free
- National Cycle Network
- On-road / Traffic-free
- National Cycle Network route number
- Café
- Pub
- Restaurant
- Shop
- Railway with station
- Cycle hire
- Take care here
- Attraction
- Picnic spot

THINGS TO SEE AND DO

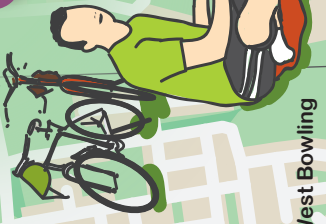
City Park
The park has more than 100 fountains, laser lighting and a mirror pool that is a spectacular sight.

National Media Museum
This great museum has an IMAX cinema and amazing film and TV archives.

Bolling Hall Museum
The Hall dates back to the 14th

century and was used as a Royalist base during the English Civil War. The museum is free and a great way to explore Bradford's heritage – you might even see the 'White Lady' in the Ghost Room!

Bowling Park
A large and leafy park with a great view over the city centre.



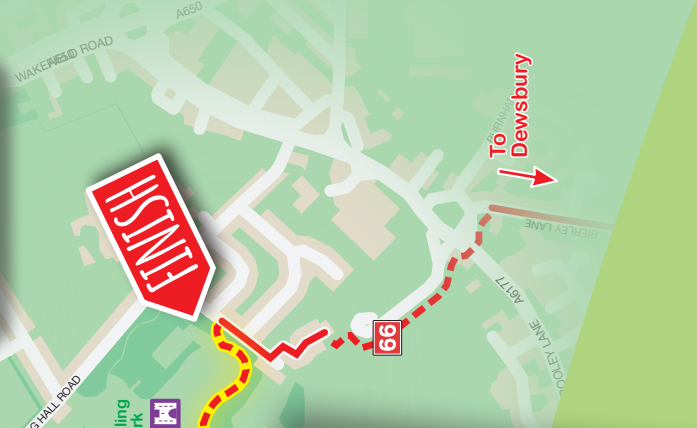
TAKE A BREAK!

- Kirkgate Shopping Centre has plenty of cafés and shops.
- The Granary, Sunbridge Road, Bradford offers a good selection of sandwiches, salads and cakes.



TAKE CARE!

- Share the path. Give way to pedestrians and wheelchair users.
- The route travels on road so watch out for traffic especially on St Stephen's Road and New Cross Street.



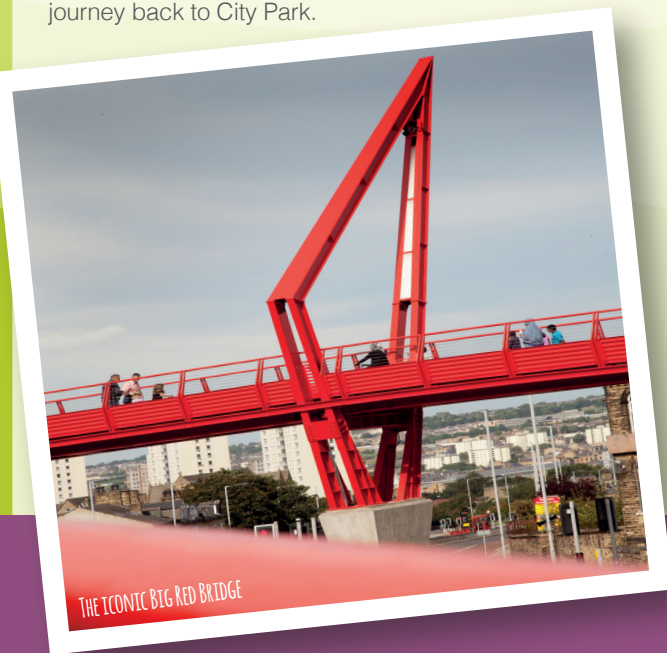
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BRADFORD CITY PARK TO BOWLING PARK (BIG RED BRIDGE ROUTE)

Bradford City Park to Bowling Park 4 mile return journey (2 miles each way). Approximately 2 hours.

This short route takes you between two of Bradford's best open spaces, travelling over the iconic Big Red Bridge on the way.

- Start at City Park, which is a fantastic six-acre park home to the largest man-made water feature in any UK city.
- The route travels uphill along traffic free cycle paths and over the busy Manchester Road using the newly-installed, iconic Big Red Bridge which was commissioned by Sustrans, using funding from the BIG lottery.
- The route finishes at Bowling Park, which is the perfect place to relax, explore and have a picnic. A large and leafy park, it has great views over the city centre, a free pitch and putt course and designated play area.
- You can cross Bowling Hall Road to the north east of the park and visit 14th-century Bolling Hall which is now a museum.
- Once you have enjoyed Bowling Park, retrace your journey back to City Park.



The Slow Tour is a guide to 21 of the best cycle routes across Yorkshire on the National Cycle Network.

The routes have something for everyone, whether you are a family, new to cycling or a regular cyclist. You can take public transport to the start of most routes and hire bikes there too.

**Tourist attractions ● heritage sites
cafés and pubs ● picnic spots ● canals
museums ● playgrounds ● artwork**

If you like this route, try out the other 20.

Download your free maps at
WWW.SUSTRANS.ORG.UK/SLOWTOUROFYORKSHIRE



Bradford City Park to Bowling Park (Red Bridge Route) is part of Route 66 of the National Cycle Network

City of Bradford MDC
www.bradford.gov.uk

Cycle Yorkshire

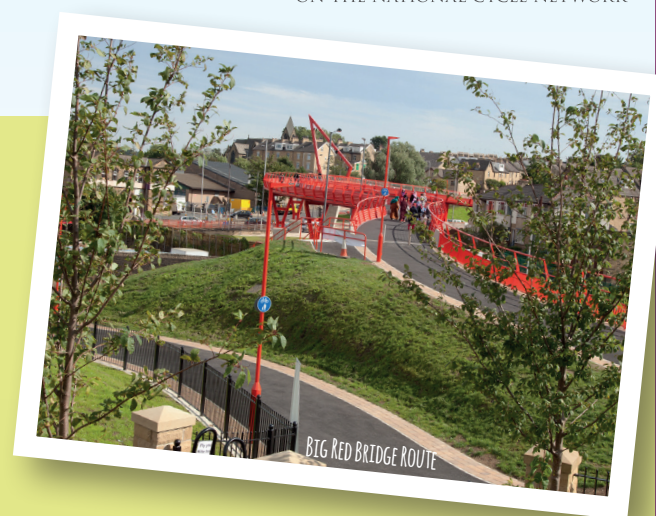
Sustrans
JOIN THE MOVEMENT

Registered charity number 326550 (England and Wales) SCO39263 (Scotland)

STAGE 10

Bradford City Park to Bowling Park

SLOW TOUR OF YORKSHIRE
ON THE NATIONAL CYCLE NETWORK



ENJOY A GREAT CYCLING DAY OUT...
AT YOUR OWN PACE!

Sustrans
JOIN THE MOVEMENT